



**Columbia-Montour Area Vocational-Technical School**  
**September 7, 2010 Thru September 10, 2010**

Monday: Off

Tuesday: Meatball Sub, Pizza Or Salad Bar, Roll  
Garlic Pasta And Broccoli  
Peaches And Milk

Wednesday: Buffalo Chicken Wrap, Pizza Or Salad Bar, Roll  
Lettuce, Tomato, Onion, Peppers  
Candied Carrots  
Apple Crisp And Milk

Thursday: Chicken Cheese Steak, Pizza Or Salad Bar, Roll  
Onion, Peppers, Sauce  
Corn Nuggets  
Fruit Fluff And Milk

Friday: Fish Sandwich, Pizza Or Salad Bar, Roll  
Macaroni And Cheese  
Stewed Tomatoes  
Pears And Milk

**Note: All Items May Be Purchased Ala Carte.  
Chef Salads Will Be Offered Daily.  
Menu Subject To Change Without Notice.  
Occasionally A Daily Soup Will Be Offered**